

# Revive<sup>spa</sup>

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### Opening Times

Monday	Closed
Tuesday	9.00am - 6.00pm
Wednesday	9.00am - 6.00pm
Thursday	9.00am - 8.00pm
Friday	9.00am - 6.00pm
Saturday	9.00am - 4.00pm

Subject to advance appointments

103 High Street, NAIRN IV12 4DE

☎ 01667 455352

[www.revivenairn.com](http://www.revivenairn.com)

**dermalogica®**

MATRIX

MAC

Airbase  
The Next Generation of Airbrush-Make-Up

NAIL  
saga

UNIVERSAL™  
CONTOURWEAR

Hi Brow  
ADVANCED BY DESIGN

Lash Perfect  
lash lift

PHYSIO≡THERM®  
Infrared Cabins

PAUL MITCHELL.  
LUXURY HAIR CARE

moroccantan.

OLAPLEX.

KENRA.  
PROFESSIONAL

 WINNERS  
THE  
SCOTTISH  
WEDDING  
AWARDS 2017

## Terms & Conditions

### Cancellation Policy

We require 24 hours notice of any cancellations. Where this is not met then a charge of 50% of the booking will be applied.

This also applies to clients arriving more than 15 minutes late but where possible we will adapt the treatment to the time available.

### Deposits

We require a deposit on all treatments that are 60 minutes or longer. Non attendance or a late cancellation will result in this deposit being retained.

We also require a contact number when booking any service. We will give you a courtesy call prior to your appointment.

Our prices are subject to change without prior notice.

# Revive<sup>spa</sup>

*Situated in the beautiful town of Nairn in the picturesque Scottish Highlands - Revive Hair & Beauty Spa is committed to offering our clients a wide range of the world's best, leading products and services that the hair and beauty industry has to offer.*

*We have used influences from across the far corners of the globe, in order to provide a luxurious range of experiences and therapies that can be tailor-made to meet each client's individual needs.*

*Our friendly, experienced and professional team of hair designers, beauty therapists, complimentary therapists and nail technicians keep uncompromising training standards and are committed to providing you with the best service in a relaxing, multi sensory environment.*

*Take a moment to **Revive** yourself...*



*We advise all our clients to read our terms and conditions at the back of this brochure, along with our cancellation policy.*

The moment your skin changed. forever.

When Dermalogica meets skin, skin health is redefined. Our promise to you is that your skin will never have felt as clean, or as healthy, as after one of our professional services; nor will you leave our Skin Bar™ without truly understanding your skin, and its needs. Our therapists are among the best trained in the industry, and each has postgraduate certification from The International Dermal Institute.

**What does that mean for your skin?** Quite simply: Real Treatments. Real Answers. Real Products. Real Results!

### Our services

#### Face Mapping skin analysis

10 minutes free

Our Face Mapping™ skin analysis takes all the guesswork out of getting results. Your Dermalogica Skin Therapist will diagnose your skin's concerns and prescribe a no-nonsense home care and treatment regimen to deliver your optimum skin health in your 14 unique zones. A professional consultation that reveals your skin's past, present and healthiest future.

#### Skin bar

10 minutes free

Test-drive your prescribed regimen under the guidance of a professional Skin Therapist. At Skin Bar™, you can learn about your skin with Face Mapping™, and then learn how to use the products, hands-on.

#### MicroZone

20 minutes £20.00

Want a professional skin treatment but short on time? Get on-the-spot skin solutions with MicroZone™ treatments. We'll address your top skin concern, hands-on, with our exclusive Dermalogica MicroZone™ treatments - the quick fix for troubled skin. After consultation and Face Mapping™ skin analysis we will determine your skin's most pertinent skin needs and focus on key stages of treatment to get you maximum results in a minimum of time.

#### The dermalogica skin treatment

60 minutes £45.00

Say goodbye to cookie-cutter treatments! The Dermalogica Skin Treatment is 100% customised to your skin need's based on consultation and a thorough, zone-by-zone Face Mapping skin analysis, making it one treatment that's different every time! Totally designed to meet to your needs, each treatment includes professional double cleansing, exfoliation, results enhancing electrical modalities, extractions (as needed), masque, toner and skin protection. To complete your treatment experience you can customise your skin treatment with your choice of Touch Therapy.

### Hi Brow

A unique eyebrow service suitable for every client whatever their age, face shape or image.

30 mins £25.00

### Lash Lift

Lash Perfect Lash Lift is a natural lash enhancement that will give the appearance of thicker, longer lashes that can last up to eight weeks.

45 mins £40.00

### Threading

Eye brow threading is an ancient hair removal technique, practised for centuries amongst the most beautiful women of Asia & the Middle East. It is the best alternative to waxing and tweezing for sensitive skin.

30 mins £13.00

### Tanning

Enriched with Argon Oil & Vitamin E, Moroccan Tan helps soften and moisturise the skin, producing a deep bronze tan that leaves the skin soft and silky. Suitable for all skin types - alcohol, sulphite and paraben-free.

30 mins £25.00

### Make-up

Our therapists have extensive training in make-up application and we use only the very best products. We will achieve your desired look, ready for that special occasion.

45 mins £25.00

Add on Eylure Pro Lashes for £6.00

### Make-up lesson

Why not let us talk you through two of the trends of your choice. Whether it be a natural everyday look or one for going out look. We can colour match skin tone, contact and colour synch eye colour. A written lesson will be provided to help recreate your look at home.

1 hour £40.00

### Bridal

Our make-up artists will be delighted to discuss your wedding requirements. Bridal make-up includes a pre-wedding trial to ensure that you the bride feels completely at ease on your special day.

1 hour £45.00

### Consultations

we offer complementary consultations in all our hair and beauty services.

## Hair removal

### Waxing

We offer a range of different waxes such as honey, lavender and the new hot wax system

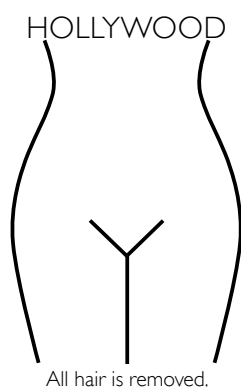
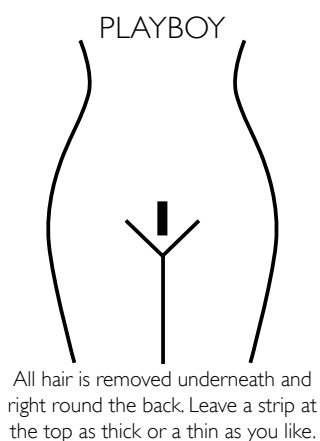
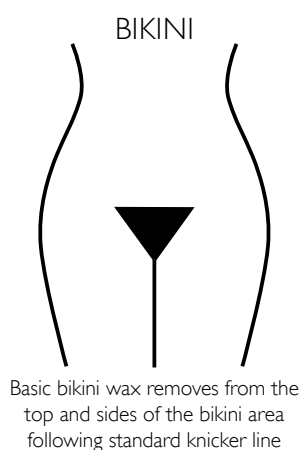
Eyebrow	£7.50
Lip or Chin	£6.50
Underarm	£9.50
Bikini Line (Brazilian and Hollywood available)	from £10.00
Half Leg	from £13.50
Full Leg	£22.50
Full Arm	£15.95
Forearm	£12.50
Chest or Back	£14.50

We are happy to quote a price for other areas.

### Wax packages

GOLD Full leg, Bikini, underarm and eye brows	£32.00
SILVER Half leg, underarm, bikini and eye brows	£22.95
BRONZE Eye brow, lip and chin	£15.00

Pre/post waxing advice: No heat treatments 24 hours prior to treatment, i.e. sun beds, steam room/saunas. A sensitive deodorant should be used up to 48 hours after underarm waxing. Please book a free patch test if you have sensitive skin.



## the skin treatment + touch therapy = ultimate dermalogica experience

### Dermalogica skin treatment

As Dermalogica professionals, we may choose from the following Dermalogica segmented lines to create the ultimate skin result:

**AGE smart** Are the signs of ageing more prevalent on your skin? AGE Smart™ will give it a revitalising power boost to firm, smooth, nourish, regenerate and energise while controlling the biochemical triggers that lead to skin ageing.

**UltraCalming** The Dermalogica UltraCalming<sup>a</sup> products are serious relief for sensitised skin that calms, soothes and replenishes the most aggravated, irritated, inflamed skin.

**MediBac Clearing** It's the end of the line for adult acne with this powerful line of products that will jump-start acne clearing and help prevent acne well beyond the treatment.

**Power Bright** Accelerate skin brightening, improve skin tone, enhance skin clarity and create a fresher, healthier appearance with this effective treatment.

### Dermalogica touch therapies

While no one knows your skin better than your Dermalogica Skin Therapist, only you know how you feel. That's why you can customise your Dermalogica Skin Treatment with your choice of Touch Therapy, 15 minutes of extra attention where you need it most.

- Customised face massage
- Stress relief neck and shoulder massage
- Stress relief back
- Stress relief foot
- Stress relief scalp
- Got a key skin concern?

Dedicate your Touch Therapy time to boosting skin results with intense treatment using additional electrical modalities and specialist masques.

Want a bit more?

Additional Touch Therapies can be booked at 15 minute increments at a cost of £15.00

### Active Resurface 35

45 minutes	£55.00
Course of six treatments	£330.00

Looking for dramatic results, fast? Active Resurface 35 provides intensive resurfacing for ultra smooth skin. Specifically designed for advanced skin care users who need the ultimate in active treatment. Targets a range of skin care concerns from premature ageing to pigmentation and scarring.

## Microdermabrasion

45 minutes £40.00

Microdermabrasion is a non-invasive, skin resurfacing procedure that gently exfoliates or polishes away the top layer of dead skin cells, while stimulating collagen growth, to reveal healthy new skin that looks and feels smoother. This is a painless, low risk skin treatment that can be added to your beauty routine.

## Massage

**All our massages & tension busters can be tailored to your every need and work very well with infrared sauna.**

### Swedish Massage

One of the primary goals of this technique is to relax the whole body. This is accomplished by relaxing all the muscles in long gliding strokes in the direction of the blood returning to the heart. Also very good for increasing the level of oxygen in the blood, decreasing muscle toxins, improving circulation and flexibility whilst easing tension.

### Revive Hot Stone Therapy

Using hot volcanic basalt stones in conjunction with manual massage, you will be taken to a new dimension of massage.

### Lava Shell Massage

This oriental experience is a relaxing massage that uses heat. During a Lava Shell Massage, the therapist uses real shells from the Philippines to gently massage your body.

45 minutes £26.50

1 hour 15 minutes £41.50

All massages fall under the same price bracket

Why not add on a soothing warm paraffin wax treatment. This helps to warm up the muscles and allows the therapist to give a deeper massage.

**Tension Buster** £15.00

A soothing head massage to balance the body, bring relief from stress and soothes away any tension.

## Acrylic and Gel Nail Extensions

French or natural nail extensions from £40.00

Acrylic nail enhancements from £40.00

Non-yellowing fine powder enables you to create timeless nails with up-to-date colours. These are hard wearing and will give your nails a spectacular finish.

infills £25.00 extra £10.00 for colour

Have beautiful nails all year round. Our nail technicians will be happy to discuss which nail extension option works best for you. These nail extension require in-fills as your natural nail grows. These are recommended every two to three weeks (from £25.00)

Individual nail repairs £4.50

Gel/acrylic nail removal with conditioning nail treatment (complementary when having another set) £10.00

**Nail wraps** £25.00

These stunning long lasting foil wraps come in a wide range of patterns, designs and colours adding long lasting glamour to your toes.

## Essential hand, foot and nail care

### Manicure & Pedicure

Express manicure/pedicure	£12.50
<i>includes file, polish and hand/foot hydration</i>	
Manicure	£16.95
	(£19.95 with polish)
	(£24.95 Luxury)
Pedicure	£20.95
	(£23.95 with polish)
	(£26.95 Luxury)

Includes nail file, buff & nourishing oil therapy, conditioning nail soak, cuticle work and hand or foot massage (hard skin foot file with pedicure)

Luxury manicure and pedicure includes a paraffin wax mask treatment and essential oil massage. This indulgent treatment nourishes and soothes, moisturizes the skin, opens pores, increases circulation, and promotes a sense of calm relaxation.

*Please allow yourself an extra fifteen minutes 'drying' time where polish is being applied. Open toe shoes are recommended where polish is applied to the feet.*

### Nail Enhancements

#### Gel Overlays

An express manicure/pedicure is finished with a unique overlay of specially formulated gel onto your own nails, which strengthens and evens out the appearance of ridges. It will not chip or wear away like ordinary polish and drying time is eliminated as it sets in just two minutes with UV light application.

Hands	£28.50
Toes	£25.00

Gel overlays require in-fills as your natural nail grows. These are recommended every two to three weeks (from £20.00)

Add a Pedicure or Manicure	£10.00
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CND Shellac™ delivers up to 14 days flawless wear, superior color and mirror shine with zero dry-time and no nail damage. Available in 68 trend-setting shades that can be layered together to make infinite options, CND Shellac is a true innovation of chip-free, extended-wear nail color!

Hands	£25.00
Feet	£20.00
Shellac Duo	£40.00
Add a Pedicure or Manicure	£10.00
Removal ( <i>complementary when having another application</i> )	£10.00
Nail gems/nail art	from £2.50

## Hopi ear candles

This is an ancient and natural therapy handed down by many civilisations. It is believed that the Ancient Greeks used ear candles, initially probably for cleansing, purifying and healing on a spiritual basis, but much later on a purely physical basis. However, the practice reached the modern world via the native American Hopi Indians of North Arizona. Ear candles were used traditionally by Shamen healers. Ancient wall paintings show their importance in initiation rituals and healing ceremonies of the tribe. The candles are still made today on the basis of the old traditional formula originating from the Hopi Indians.

### What are Hopi Ear Candles?

Hopi Ear Candling (also known Thermal Auricular Therapy) is a pleasant and non-invasive treatment of the ears, it is used to offer real and calming benefits for many problems and conditions associated with the ear, nose and throat areas. The therapy is widely used by doctors in Europe and America as an alternative to conventional treatments such as antibiotics, ear syringing and grommets. A Hopi ear candle treatment is a deeply relaxing, calming and soothing experience.

30 minutes	£25.00
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### Reflexology

60 minutes	£30.00
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Reflexology is a relaxing treatment in which the feet are worked on to directly stimulate and enliven the reflexes. Promotes well being and can assist in eliminating congestion. Many conditions can benefit from Reflexology.

## Universal Contour Wrap

Single treatment	£59.95
Course of three	£165.00

Guaranteed to lose up to 6" in your first treatment

This treatment is suitable for anyone looking to tone and shape their figure regardless of shape and size, in particular it can help:

Those who want immediate results e.g. for a wedding or holiday

Reduce loose skin after pregnancy or weight changes

Reduce the appearance of cellulite and stretch marks

Men with problem stomachs, waists or midridds

Dieters looking to kick start their slimming plan

Those who want to target excess inches in stubborn areas

Busy people keep their shape when they have no time to exercise

It is not just an inch loss treatment, it also offers:

Toning and firming - revitalizing the body's elastin and compacting areas where fat is stored

Exfoliation and cleansing - application and removal of the clay improves condition of skin

Detox - the clay helps to extract toxins located beneath the skin

We recommend a course of three treatments to experience the full weight loss effect, although one treatment can last up to thirty days.

All Contour Wraps include a free session of Physiotherm Infrared Therapy

### Physiotherm Infrared Therapy

Single session	£7.00
Ten x 20 mins sessions	£50.00

- Eases Arthritis
- Improved blood circulation and cardiovascular fitness
- Reduce/remove muscle and joint aches and pain including arthritis and back pain
- Promotes the body's natural detoxification process through sweat
- Calorie burning through sweat production, 1g sweat = 0.5kcal
- Helps to promote relaxation, boost moods and improve general well-being
- Increased circulation to the skin helps promote a younger looking complexion
- All within a comfortable pleasant environment which does not strain the body
- Helps to promote relaxation, boost moods and improve general well-being
- Increased circulation to the skin helps promote a younger looking complexion
- All within a comfortable pleasant environment which does not strain the body
- The health benefits of the infrared therapy are complemented by aromatherapy, sound therapy, colour therapy and full spectrum sunlight (for SAD) for a truly whole body rejuvenation experience and unsurpassed relaxation and well being.

## Revitalising package:

Back, neck & shoulder massage followed by our award-winning Dermalogica facial.

60 minutes £45.00

### Pic 'n' Mix

Mini manicure

Mini pedicure

Mini facial

Eyebrow wax

60 minutes - any three treatments from above list £35.00

### Little ladies - 5 to 14 years old

All guests must be accompanied by an adult. Choose three treatments from our list below for your little ladies:

Mini manicure

Mini pedicure

Mini facial

Magical makeover (hair & makeup)

45 minutes £15.00 per lady

### Mother & daughter time (ideal for two friends too)

for that quality time that is well needed. Let us pamper you and make you feel on Cloud Nine!

This package includes a Shellac manicure & pedicure, followed by a back, neck and shoulder massage and to finish, an Airbase makeup application. You will be left feeling, stress free, energised and totally polished. Enjoy all this with some fizz!

2 hours 45 minutes £90.00 per person